

STARTERS

Soup of the day

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Moules marinière

Cornish mussels in a garlic and white wine sauce, garlic sourdough

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Tuna tartare

marinated tuna, pickled wasabi, spring onion, wasabi yoghurt

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Chicken liver parfait, toasted brioche, onion marmalade, pickled salad

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Crispy king prawns, stir fry vegetables, soy butter sauce, coriander\chilli dressing

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Seared squid, pickled cucumber, carrot ribbons, coriander, sweet chilli sauce

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Pork tenderloin, baby fondant, tenderstem broccoli, apple, wholegrain velouté

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Local plaice, buttered leeks, peas, parsnip crisps, sauce verde

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Beetroot, toasted walnuts, feta cheese\vegan feta, beetroot gel, rocket

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Poached pear, blue cheese, toasted walnuts, croutons, coriander syrup

MAINS

Local fish & chips, mint crushed peas

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Seafood Bouillabaisse – a rustic French tomato and seafood bisque with star anise, saffron potatoes, aioli bread

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Black bream, herb crushed potatoes, asparagus, sauce vierge

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Local hake, baby gem, spring onion, peas, tartare velouté

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Jalfrezi – the classic Bengali dish with peppers, onion and chilli, fairly hot but can be adapted to taste

Tikka chicken, king prawn or roasted vegetables
Served with pilau rice, authentic naan bread

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Spring vegetable linguine
with a white wine garlic and chive cream
add chicken breast or king prawn

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Risotto – classic Italian arborio rice cooked with vegetable stock, finished with parmesan and herbs
Wild mushroom, chicken, seafood

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Seared 100z rib eye steak, vine tomatoes, wild mushrooms, caramelized onions,
Served with pomme frites or pomme puree
Peppercorn or Bearnaise sauce (£5 Supplement)

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Seared duck breast, baby carrots, savoy cabbage, crisp bacon, champ potatoes, blackberry jus

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Corn fed chicken with crisp Parma ham, fondant potato, baby carrots and thyme jus

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Salads

Waldorf Salad – Classic salad with apple and walnuts

Greek salad – Baby gem lettuce, feta cheese, olives, sun-dried tomatoes, pesto

SIDES

Truffle pomme puree

New potatoes

French fries

Spring green vegetables

Green Salad

FOR THE KIDS

American Cheeseburger ‘n’ Chips
Toasted sesame bun, French fries and salad (Big kids – double burger and bacon)

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Pizza, Classic margarita, Pepperoni, Ham and Pineapple

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Tomato linguine, cheese or pesto

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Junior Fish ‘n’ Chips

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Cornish Sausage ‘n’ Mash, peas and onion gravy

All of our seafood, meats, dairy produce and selected vegetables are sourced locally where possible from the Isles of Scilly and Cornwall. Lobster and Crab from our own fishing boat regularly available as specials.

Food allergies and intolerances
If you require any information regarding allergenic ingredients in our food please ask a member of staff